

**Welcome** to an exciting summerfest program at Growing Tree. All of us are looking forward to working with your child and sharing the joy and excitement for learning that will make this summer a happy and memorable one.

## GENERAL REMINDERS

**School Hours:** Growing Tree is open from 7:00 a.m. to 6:00 p.m. Always inform us if you will be picking up your child late or early. **Children are released ONLY to those persons included in your registration application**.

**Nappers:** Children from ages 4 to 5 years old who stay after lunch are required to rest or nap. Please send a small sheet (we have it at the office for \$10.00) and blanket and put your child's name on all belongings. Pick up at the end of the week for washing.

**Clothes:** Please label all your child's clothes. Play clothes, sneakers and regular shoes are appropriate and allow children to participate fully in all activities. Velcro shoes are the best. Uncomplicated clothing and easy closures help a child to gain independence.

**Splish Splash Wednesdays**: Every Wednesday we have water games in the afternoon. Please make sure to send a bathing suit and a towel with your child's name on it.

**Lunch:** Please put your child's name on the lunch box. Remember good nutrition when packing lunch. Candy, soda, chips, or an abundance of sweets are not allowed and are not nutritious. Provide water or milk instead of sugary drinks, and delicious summer fruit instead of cookies for dessert. All foods for heating must come in microwavable containers.

Due to time restrictions, we can only reheat food. Please do not send frozen dinners, Kraft Easy Mac, Ramen Noodles or anything that requires a long cooking time.

If your child does not eat a substantial portion of their lunch, we will leave the food in the lunch box for you to see. If this happens on a regular basis, we will discuss the matter with you to find a solution.

IMPORTANT: Please **DO NOT** send anything with peanut butter or nuts. We have children with allergies.